

# We Salute Our Sponsors:

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## What is MOCA?

MOCA is a nine-year old non-profit education and awareness organization founded by ovarian cancer survivors. In addition to its outstanding outreach and education programs, MOCA has awarded \$2 million for research grants in Minnesota.

### OVARIAN CANCER AFFECTS 1 IN 57 WOMEN

MOCA's Mission:

- To create an awareness regarding early warning signs that may be indicative of ovarian cancer.
- To create and promote resources for support, networking and education for women diagnosed with ovarian cancer and their families.
- To unite and educate individuals, the medical community and organizations to achieve earlier diagnosis, better treatment and a cure for ovarian cancer.
- To advance ovarian cancer research toward earlier diagnosis, better treatment and a cure.

### SYMPTOMS OF OVARIAN CANCER

- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms (urgency or frequency)

Women diagnosed with ovarian cancer report that symptoms are persistent and represent a change from normal for their bodies. Other symptoms commonly reported may include: fatigue, indigestion, back pain, pain with intercourse, constipation and menstrual irregularities. Women who have these symptoms almost daily for more than a few weeks should see their doctor, preferably a gynecologist.

## Race Information

### DIRECTIONS

**From the west:** Exit Highway 62 at Valley View Road. Turn right and follow signs.

**From the east:** Exit Highway 62 at France Avenue. Turn left. Go to 66th Street. Turn right and follow signs.

**Parking:** Free parking at Rosland Park and parking lot of the office building at 6600 France Avenue. **Carpooling is encouraged.**

### FOR MORE INFORMATION

Call MOCA at 612-822-0500, or visit our web site: [www.mnovarian.org](http://www.mnovarian.org)



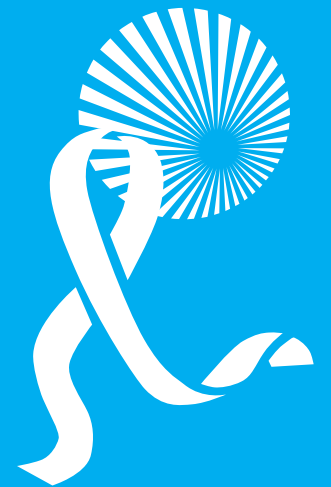
4604 Chicago Avenue South  
Minneapolis, MN 55407

Minnesota Ovarian Cancer Alliance presents

**Silent No More  
9th Annual Walk/Run  
for Ovarian Cancer**

Minnesota Ovarian Cancer Alliance presents

# Silent No More 9th Annual Walk/Run for Ovarian Cancer



In honor of all women who have fought ovarian cancer

**5K Run, 2K Walk and Kids Fun Run**

# Sat. Sept. 13, '08

Rosland Park, Edina MN  
Highway 62 & Valley View Road

Registration and pledge form inside  
Or visit us at: [www.mnovarian.org](http://www.mnovarian.org) for  
online registration and pledge donations.



Join special guest  
Master of Ceremonies  
Julie Nelson of KARE 11  
at the Awards Ceremony.

